South Bay Intergroup of Overeaters Anonymous
Intergroup Meeting
Minutes February 21st, 2026

Board Members in Attendance: Michelle (Chair/WS Delegate); Maegan (Secretary), Nancy (Treasurer), Meeting Liaison, Hayley, Larry (Webmaster), Jesse (Tech); Bearto (Special Events/R2 Rep), Jeff (Young People's), Pauline, (Free Flight), Pattie; (Public Information Chair)

Board Members Absent-: Catherine (Parliamentarian); Theresa (R2 Rep),

Meeting Called to order @ 9: 32 a.m. by Michelle.

Michelle seconded the minutes from January

Officer Reports:

Chair, Michelle **–**ABC flyer, Campus Outreach please send them out. Announced she will be stepping down as chair in the next months.

Vice Chair – vacant

Secretary – no report

Treasurer, Nancy- Financial Reports are uploaded. Reminded us how to use pay pal notes function to add your meeting details.

Parliamentarian, Catherine, no report. Check on the by laws special events

Technology Chair, Jesse- He is working to update meetings to show up for zoom. Pattie –Needs to be connected to with Jesse for board emails.

Webmaster, Larry – Dec and Jan free flights are posted. Will be updating the list. Can someone help verify the Speaker list? Asked for volunteers

Meeting Liaison Chair, Hayley –no report .

Free Flight Editor, Pauline- Free Flights are updated. And will be stepping after down for 4 years of service.

Public Information Chair: Pattie -CEU is in process. Working on units for continuing education for health care professionals. Bearto suggested using a manual to start library for reference docs.

Special Events, Bearto- A.B.C of OA flyer is created. Asked to please circulate the flyer to SoCal and Region 2. Asking for volunteers. He will bring an agenda for Special Events for March meeting.

Young People's, Jeff L **–**Announced the upcoming Spring Career Expo/ University Fair events.

Region 2, Beatro and Theresa – Hayley is reporting in Teresa's absence sponsor workshop speaker request please contact Teresa if you want to be involved attend the March 21st – Sponsor Workshop. – Power of WE

World Service, No report.

7th Tradition- Had it after the meeting closed.

Old Business –

- Secular Day reader requested
- Public Information Chair outreach to DR's to see what is appropriate for them to get with them.
- Review ABC workshop – agenda & the guidelines from Parliamentarian and/or https://oa.org/documents/guidelines-for-oa-events/
- New chair election

Announcements and Open Discussion – n/a

South Bay Intergroup of Overeaters Anonymous
Intergroup Meeting
Minutes February 21st, 2026

Next meeting will be on Saturday, March 21st, 2026 at 9:30am

Meeting adjourned with the OA Promise at 10:46am.

South Bay Intergroup of Overeaters Anonymous
Intergroup Meeting
Minutes February 21st, 2026

REGION 2
OF OVEREATERS ANONYMOUS

Twelfth Step Within
Duodécimo Paso Interior

Find Your Sponsor Workshop
Taller Encuentra a Tu Patrocinador
Saturday, March 21st
Sábado 21 de Marzo
1:00-2:30 Pacific Daylight Time
Zoom Hora de verano del Pacífico

Meeting ID: 833 6084 8416 Passcode: 546777

Need a sponsor? Come listen to available sponsors & then join in a sponsor-matching time to find your own sponsor who can offer support!

¿Necesitas un patrocinador? ¡Ven a escuchar a los patrocinadores disponibles y participa en una sesión de búsqueda de patrocinadores para encontrar al tuyo que pueda ofrecerte apoyo!

