South Bay Intergroup of Overeaters Anonymous
Intergroup Meeting
Minutes March 21st, 2026

Board Members in Attendance: Michelle (Chair/WS Delegate); Maegan (Secretary), Nancy (Treasurer), Larry (Webmaster), Jesse (Tech); Bearto (Special Events/R2 Rep), Jeff (Young People's), Pattie; (Public Information Chair) Catherine (Parliamentarian); Theresa (R2 Rep),

Board Members Absent-: Meeting Liaison, Hayley

Meeting Called to order @ 9: 32 a.m. by Michelle.

Nancy seconded the minutes from February.

Officer Reports:

Chair, Michelle **–** We are going to have an election for the new chair today affective April 1st, 2026 updated from agenda. Cerritos Colleges OA event went well.

Vice Chair – vacant

Secretary – no report

Treasurer, Nancy- Financial Reports are uploaded. $580 donations last month. Any reps know who Valerie S. If so, we want to make sure the recent $120 donation is for the meeting in San Pedro. Nancy reminded us how to use pay pal notes function to add your meeting details. https://www.oasouthbay.org/donate.html And announced the close of a CD. Charity Board of State of CA compliance for our intergroup is in progress.

7th Tradition- Took place after Nancy's report

Parliamentarian, Catherine, Operating Procedures general statement found about workshops was shown to the group in response to last month's meeting.

Technology Chair, Jesse- Let the new reps know about how to contact him via his number.

Webmaster, Larry – Reported all events were up on the site.

Meeting Liaison Chair, Hayley –absent, Michelle informed new rep about meeting changes should be sent to Hayley. Wed -San Pedro Meeting may need update information,

Free Flight Editor, Vacant-

Public Information Chair: Pattie – No updates. Ask to see if her and Jesse can meet today to fix the log in problems.

Special Events, Bearto- Pitch for volunteer at ABC of OA events April 25th, 26. Agenda reviewed. Velvet will be attending. Volunteers will be able to set up at 7am/7:30am.

Young People's, Jeff L – no report but announced running for chair. Michelle asked us to decide what events we could maybe attend for spring.

Region 2, Beatro and Theresa – Theresa said report from Winter Assembly will come next month. Reminded us about the Find Your Service Workshop later today. Bearto gave a summary of the Winter Assembly meeting.

World Service, No report. Michelle will be attending. Also gave a statement about Zoom bombers. Please select a trusted host. https://oasandiego.org/?s=zoom+training. San Diego website.

Election, Jeff pitched – for service for new chair. Group discussed and elected Jeff as new chair.

Old Business –

- Secular Day reader requested
- Public Information Chair outreach to DR's to see what is appropriate for them to get with them.

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- Review ABC workshop – agenda & the guidelines from Parliamentarian and/or https://oa.org/documents/guidelines-for-oa-events/
- New chair election

Young Adults Chair

Extended the meeting 5 mins longer

Announcements and Open Discussion – n/a
Next meeting will be on Saturday, April 18th, 2026 at 9:30am

Meeting adjourned with the OA Promise at 10:37am.

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REGION 2
OF OVEREATERS ANONYMOUS

Twelfth Step Within
Duodécimo Paso Interior

Find Your Sponsor Workshop
Taller Encuentra a Tu Patrocinador
Saturday, March 21st
Sábado 21 de Marzo
1:00-2:30 Pacific Daylight Time
Zoom Hora de verano del Pacífico

Meeting ID: 833 6084 8416 Passcode: 546777

Need a sponsor? Come listen to available sponsors & then join in a sponsor-matching time to find your own sponsor who can offer support!

¿Necesitas un patrocinador? ¡Ven a escuchar a los patrocinadores disponibles y participa en una sesión de búsqueda de patrocinadores para encontrar al tuyo que pueda ofrecerte apoyo!

