



The New Freedom Retreat provides the time and space for recovery from compulsive overeating by immersing our minds, bodies, and spirits in the 12-Steps of Overeaters Anonymous.

*Sponsored by the South Bay Intergroup of Overeaters Anonymous*

You are invited to a special weekend of recovery and fellowship at the charming, beautiful, and serene **Holy Spirit Retreat Center**, located in Encino, CA.  
(<http://www.hsrcenter.com/>)

## November 8 - 10, 2019

Double occupancy rooms with private bathrooms, air and heat; picturesque grounds; beautiful meeting rooms. Note - There are a limited number of disabled-accessible rooms available.

**\$220** per person, double occupancy if postmarked on or before Monday, September 9, 2019 – \$235 if postmarked after Monday, September 9, 2019.  
*Friendly reminder: The Retreat sells out early so the sooner you reserve your space the better.*

- *Remember the funny and famous Saturday Night NO-TALENT SHOW. Come prepared!*

For more information call or email Jennifer P. at 424.224.7135 (Jennifer.pogue8@gmail.com) or Loni G. at 562.431.7275 (lonig.woman@sbcglobal.net).

DO NOT DETACH

Name: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

I am enclosing my total payment of \$ \_\_\_\_\_

I would like to room with \_\_\_\_\_  
(Or let us match you)

I am vegan/vegetarian and need non-meat menu items \_\_\_\_\_

Make checks payable to "South Bay Retreat Committee" and mail payment to:  
OA Retreat, PO Box 387, San Pedro, CA 90733

**NO REFUNDS (No exceptions) • Reservations may be transferred to another person.**