

**SAN DIEGO OVEREATERS ANONYMOUS**

# *Urban Retreat* Oct. 20 & 21, 2023

**Baha'i Center**    **FRIDAY 7-9PM**  
**San Diego, CA**    **& SATURDAY**  
                                 **9AM-5PM**

Our speaker has been active in OA since 1979 and has lost over 500lbs. He has led several Big Book Workshops over the years and throughout the world.

- \$20 suggested donation.
- No pre-registration necessary.
- Room and board are not included.
- Restaurant list available or bring a lunch.
- Bring writing materials & AA Big Book.
- A refrigerator is available.

📍 San Diego Baha'i Center: 6545 Alcala Knolls Drive, 92111

✉ Questions: Lessie (619)739-1643 [Lessieib@gmail.com](mailto:Lessieib@gmail.com)